

Delamanid & Bedaquiline and Drug-resistant tuberculosis

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Overview

Multidrug-resistant tuberculosis (MDR-TB) is a life-threatening condition needing long poly-chemotherapy regimens

1.3 million HIV-negative and **0.214 million HIV-positive TB deaths**

only **157,903 cases of rifampicin-resistant (RR)-TB** cases detected and reported in 2020



150,359 of them were enrolled on treatment as reported by the World Health Organization (WHO) ([World Health Organization, 2021](#)).

overview

MDR : *M. tuberculosis* strains Resistant to at least the two core anti-TB drugs, **isoniazid (INH)** and **rifampicin (RIF)**

PreXDR : *M. tuberculosis* strains that fulfill the definition of MDR/RR-TB and that are also resistant to any FLQ

XDR: MDR plus resistance to **FLQs** and **either linezolid (LZD) or bedaquiline (BDQ)**, the drugs which proved to be effective and reasonably safe (Group A drug)

New safe and effective drugs

Delamanid & Bedaquiline

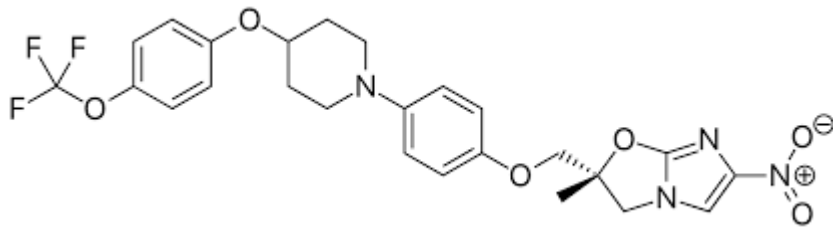
Table 3.1. Grouping of medicines recommended for use in longer MDR-TB regimens^a

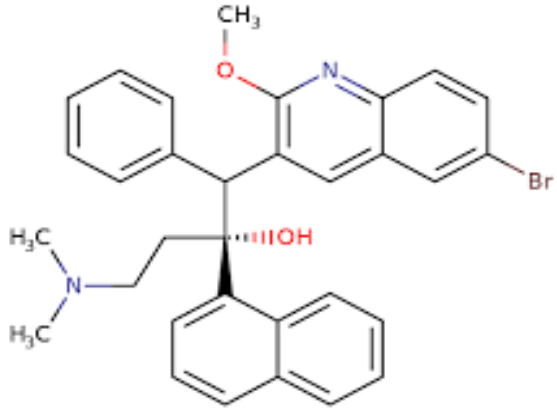
| Groups and steps | Medicine | Abbreviation |
|--|--|---------------------|
| Group A: Include all three medicines | Levofloxacin <i>or</i> moxifloxacin | Lfx Mfx |
| | Bedaquiline ^{b,c} | Bdq |
| | Linezolid ^d | Lzd |
| Group B: Add one or both medicines | Clofazimine | Cfz |
| | Cycloserine <i>or</i> terizidone | Cs Trd |
| Group C: Add to complete the regimen and when medicines from Groups A and B cannot be used | Ethambutol | E |
| | Delamanid ^e | Dlm |
| | Pyrazinamide ^f | Z |
| | Imipenem–cilastatin <i>or</i> meropenem ^g | Ipm–Cln Mpm |
| | Amikacin (<i>or</i> streptomycin) ^h | Am (S) |
| | Ethionamide <i>or</i> prothionamide ⁱ | Eto Pto |
| | <i>P</i> -aminosalicylic acid ⁱ | PAS |



Delamanid

- DLM is a promising **nitro-dihydro-imidazooxazole** derivative
- Inhibits the **synthesis of methoxy- and keto-mycolic acid** through the F420 coenzyme mycobacteria system, while generating nitrous oxide
- Approved by the European Medicines Agency (EMA) and recommended by WHO in **2014**





Bedaquiline

- ✓ BDQ is a novel oral [diarylquinoline](#) drug that **inhibits the ATP synthase** of *M. tuberculosis*
- ✓ Approved by the US Food and Drug Administration (FDA) and the EMA in **2012** and recommended by WHO in **2013**

 Sirturo
bedaquiline

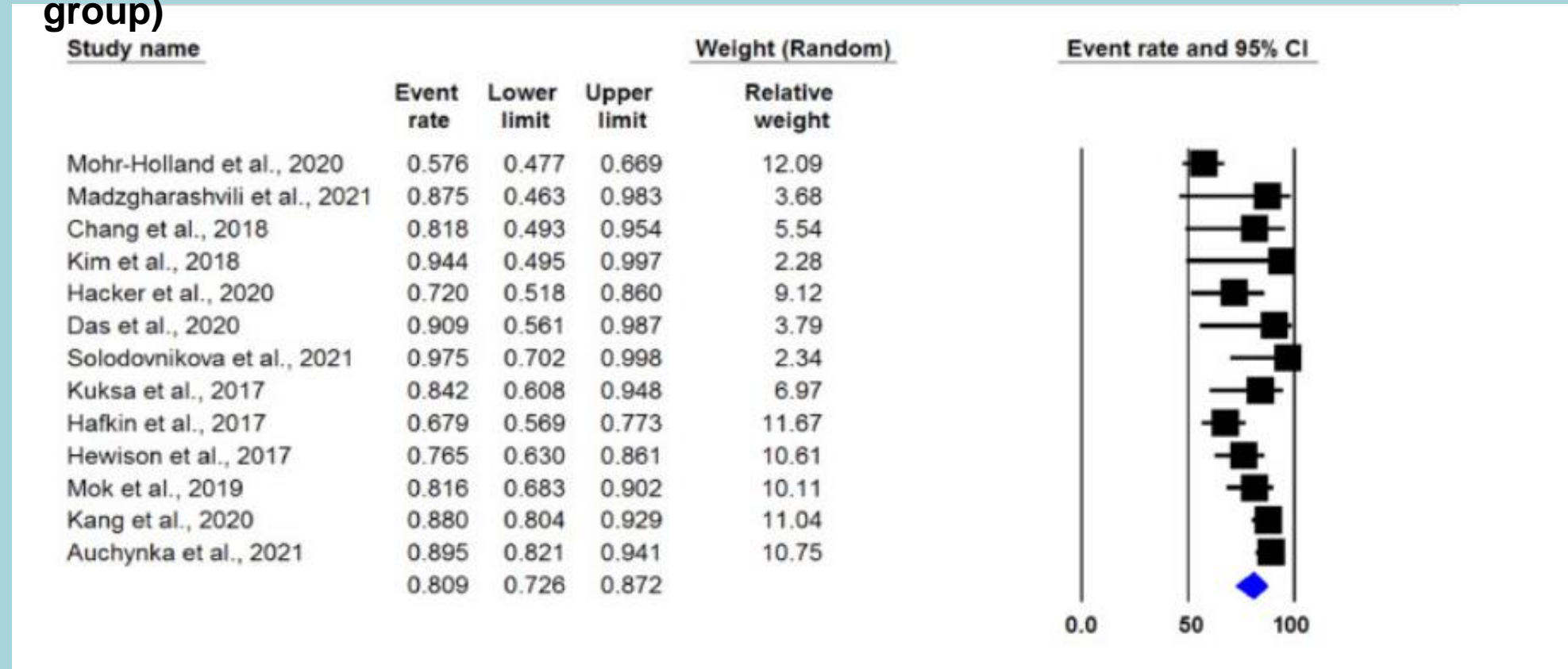


Delamanid-containing regimens and multidrug-resistant tuberculosis: A systematic review and meta-analysis

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Giovanni Sotgiu²² ✉

•Outcomes in observational studies

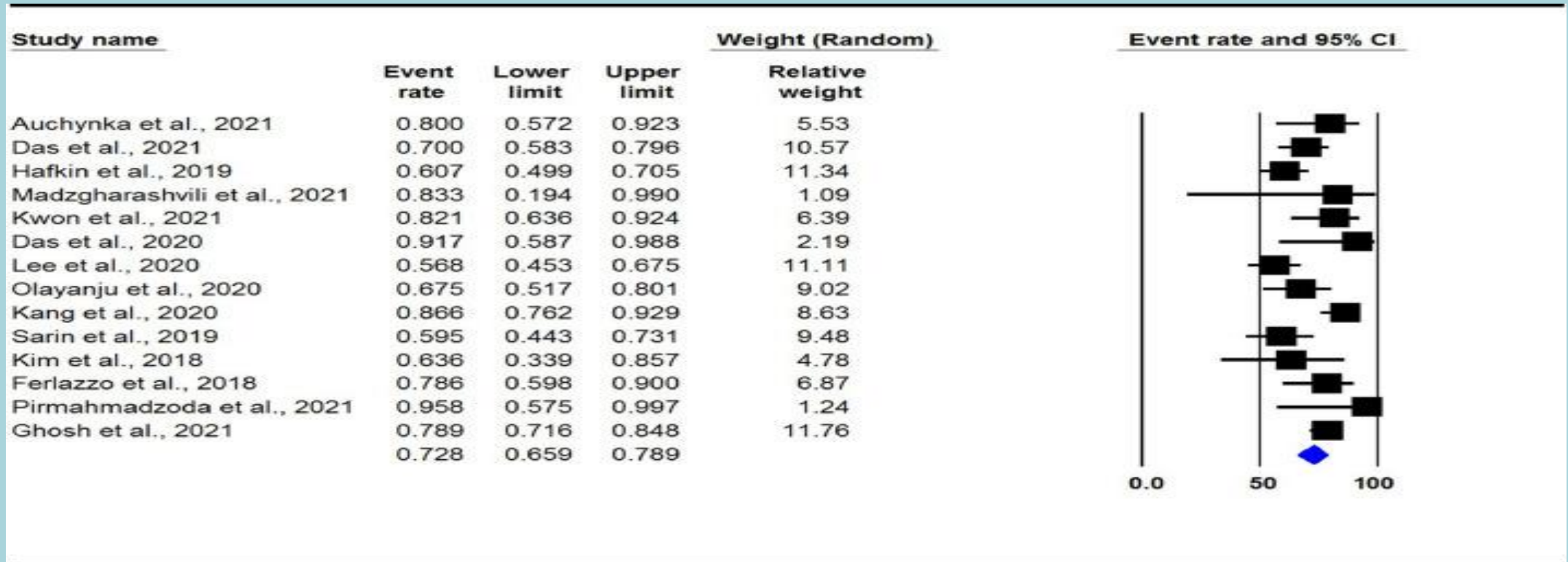
Treatment success rate in observational studies. (DLM-containing regimens group)



The overall pooled treatment success rate in DLM-containing regimens group was found to be 80.9% (95% CI 72.6-87.2, I²: 73%)

• Outcomes in observational studies

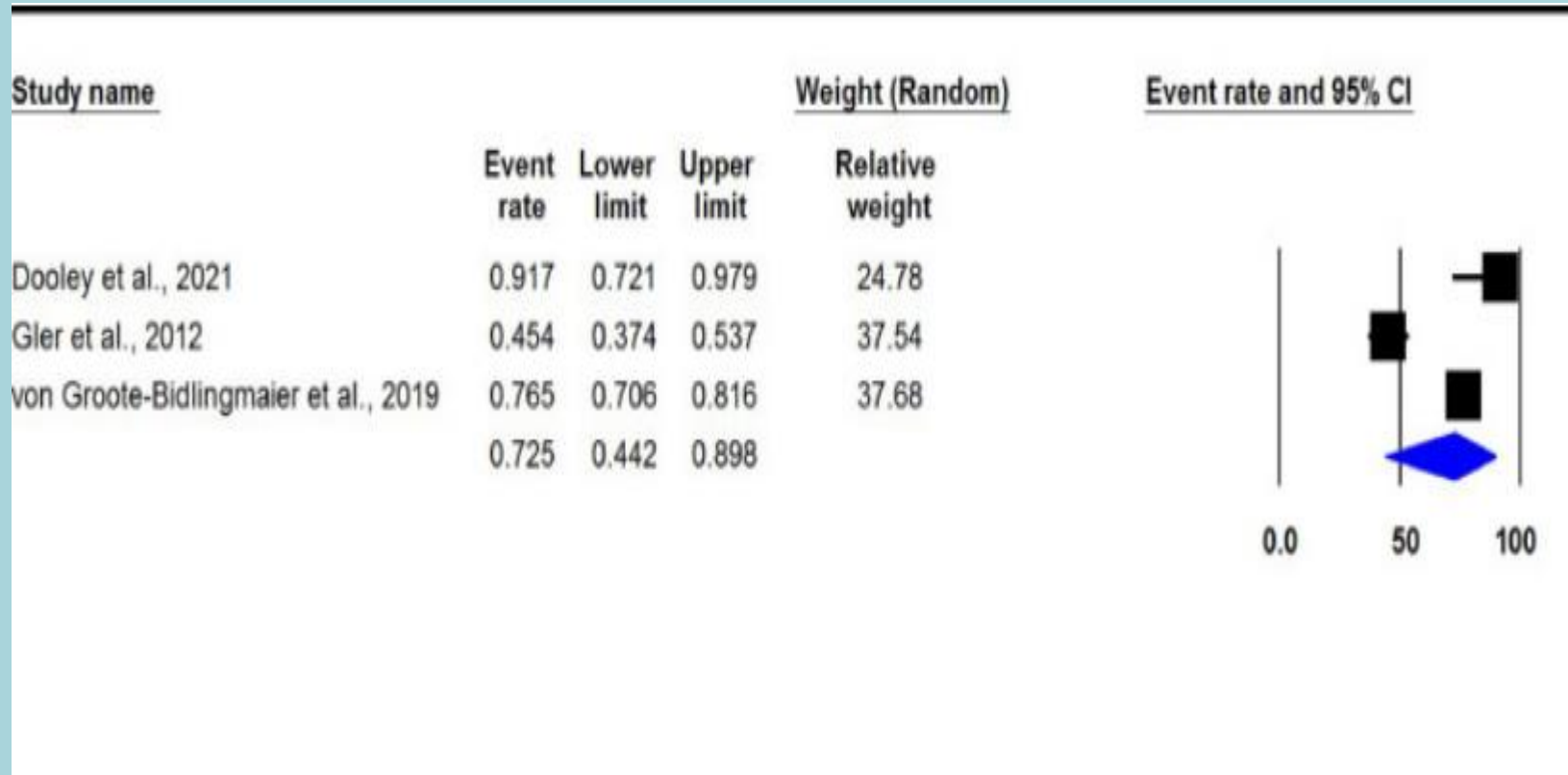
Treatment success rate in observational studies. (DLM and BDQ-containing regimens group)



The overall pooled treatment success rate in DLM- and BDQ-containing regimens group was found to be 72.8% (95% CI 65.9-78.9, I^2 : 62%)

•Outcomes in experimental studies

Treatment success rate in experimental studies. (DLM-containing regimens group)



The pooled treatment success rate in in DLM-containing regimens group was 72.5% (95% CI 44.2-89.8, I²: 95%)

Time to sputum culture conversion

- ✓ The median time to **sputum culture conversion** ranged from **1.1** to **1.7** months in the DLM-containing regimens group
- ✓ The **pooled death rate** and **treatment failure** in DLM-containing regimens group was found to be **7.8%** (95% CI 5.5-11.0, I²: 13.0%) and **9.2%** (95% CI 7.2-11.6, I²: 0.0%), respectively.

Adverse events

Adverse effects in included studies (DLM-containing regimens group)

| Author | Number of patients | QTcF prolongation | Hepatic disorder/ Elevated liver enzyme | Renal failure/ Increased creatinine | Optic neuropathy/ Blurred vision | Ototoxicity/ Hearing loss | Hematological disorders (Anemia, thrombocytopenia, eosinophilia) | Gastrointestinal symptoms (Diarrhea, vomiting, nausea, abdominal pain) | Peripheral neuropathy | Electrolyte disturbance | Arthralgia | Psychiatric disorder | Dermatologic symptoms |
|---------------------------------------|--------------------|-------------------|--|--|-------------------------------------|------------------------------|---|---|-----------------------|-------------------------|------------|----------------------|-----------------------|
| Auchynka et al., 2021 | 105 | - | - | - | - | - | - | - | - | - | - | - | - |
| Chang et al., 2018 | 11 | 0 | - | - | - | - | - | - | - | - | - | - | - |
| Dooley et al., 2021 | 24 | - | - | - | - | - | - | - | - | - | - | - | - |
| Gler et al., 2012 | 141 | - | - | - | - | - | - | - | - | - | - | - | - |
| Häcker et al., 2020 | 25 | - | - | - | - | - | - | - | - | - | - | - | - |
| Hafkin et al., 2017 | 78 | - | - | - | - | - | - | - | - | - | - | - | - |
| Hewison et al., 2017 | 51 | - | - | - | - | - | - | - | - | - | - | - | - |
| Kuksa et al., 2017 | 19 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Madzgharashvili et al., 2021 | 8 | 0 | - | - | - | - | - | - | - | - | - | - | - |
| Mohr-Holland et al., 2020 | 99 | - | - | - | - | - | - | - | - | - | - | - | - |
| Mok et al., 2019 | 49 | - | - | - | - | - | - | - | - | - | - | - | - |
| von Grooten-Bidlingmaier et al., 2019 | 226 | - | - | - | - | - | - | - | - | - | - | - | - |
| Solodovnikova et al., 2021 | 19 | - | - | - | - | - | - | - | - | - | - | - | - |
| Kim et al., 2018 | 8 | 1 | - | - | - | - | - | - | - | - | - | - | 1 |
| Kang et al., 2020 | 108 | 2 | - | - | - | - | - | 2 | - | - | - | - | - |
| Das et al., 2020 | 11 | 1 | - | - | - | - | - | - | - | - | - | - | - |

QTcF: corrected QT with the Fredericia formula; DLM: delamanid

✓ In the DLM-containing regimens group :

- only 4/165 (2.4%) patients had QTcF prolongation
- 2/127 (1.5%) patients with [gastrointestinal symptoms](#)
- 1/27 (3.7%) patient with [dermatologic](#) symptoms

Adverse events

Adverse effects in included studies (DLM and BDQ-containing regimens group)

| Author | Number of patients | QTcF prolongation | Hepatic disorder/ Elevated liver enzyme | Renal failure/ Increased creatinine | Optic neuropathy/ Blurred vision | Ototoxicity/ Hearing loss | Hematological disorders (Anemia, thrombocytopenia, eosinophilia) | Gastrointestinal symptoms (Diarrhoea, vomiting, nausea, abdominal pain) | Peripheral neuropathy | Electrolyte disturbance | Arthralgia | Psychiatric disorder | Dermatologic symptoms |
|------------------------------|--------------------|-------------------|--|--|-------------------------------------|------------------------------|---|--|-----------------------|-------------------------|------------|----------------------|-----------------------|
| Auchynka et al., 2021 | 20 | - | - | - | - | - | - | - | - | - | - | - | - |
| Das et al., 2021 | 70 | 5 | 1 | - | - | - | - | 3 | - | - | - | - | - |
| Hafkin et al., 2019 | 84 | - | - | - | - | - | - | - | - | - | - | - | - |
| Madzgharashvili et al., 2021 | 2 | 0 | - | - | - | - | - | - | - | - | - | - | - |
| Dooley et al., 2021 | 20 | - | - | - | - | - | - | - | - | - | - | - | - |
| Kwon et al., 2021 | 28 | 17 | - | - | - | - | - | 1 | - | - | - | - | - |
| Das et al., 2020 | 12 | 1 | - | - | - | - | - | - | - | - | - | - | - |
| Lee et al., 2020 | 74 | 23 | - | 1 | - | - | - | 4 | - | - | - | - | - |
| Olayanju et al., 2020 | 40 | - | - | - | - | - | - | - | - | - | - | - | - |
| Kim et al., 2018 | 11 | 2 | - | - | - | - | - | - | - | - | - | - | - |
| Ferlazzo et al., 2018 | 28 | 4 | - | 1 | - | - | - | 1 | 1 | - | - | 2 | - |
| Kang et al., 2020 | 67 | - | - | - | - | - | - | 3 | - | - | - | - | - |
| Sarin et al., 2019 | 42 | - | - | - | - | - | - | - | - | - | - | - | - |
| Pirmahmadzoda et al., 2021 | 11 | - | - | - | - | - | - | - | - | - | - | - | - |
| Ghosh et al., 2021 | 147 | 3 | - | - | - | - | - | - | - | - | - | - | - |

QTcF: corrected QT with the Fredericia formula; DLM: delamanid; BDQ: bedaquiline

QTcF prolongation (12.8%, 55/427), psychiatric disorders (7.1%, 2/28), gastrointestinal symptoms (4.5%, 12/267), peripheral neuropathy (3.5%, 1/28), renal failure/ increased creatinine (2%, 2/102), and hepatic disorders/elevated liver enzymes (1.4%, 1/70).

Subgroup analysis

Pooled treatment success rate among subgroups of studies in DLM group

| Subgroups | No. of study | No. of patients | Treatment success %(95 % CI) | HeterogeneityI2 (%) | Begg's testP-value |
|-----------------------|--------------|-----------------|------------------------------|---------------------|--------------------|
| Type of study: | | | | | |
| Observational studies | 13 studies | 5913 | 80.9 (72.6-87.2) | 73 | 0.16 |
| Experimental studies | 3 studies | 391 | 72.5 (44.2-89.8) | 95 | 0.90 |
| Age: | | | | | |
| ≤40 | 8 studies | 5641 | 74.2 (61.3-84) | 85.4 | 0.71 |
| >40 | 5 studies | 195 | 85.6 (79.9-89.9) | 40.0 | 1.00 |
| Sex: | | | | | |
| Male | 3 studies | 231 | 80.7 (59.7-92.1) | 0.0 | 1.00 |
| Female | 3 studies | 15 | 83.6 (56.5-95.2) | 0.0 | 1.00 |
| Children/adult: | | | | | |
| Children/adolescent | 2 studies | 199 | 89.4 (66.0-97.0) | 0.0 | NA |
| Adult | 14 studies | 63 | 78.4 (69.3-85.4) | 86.0 | 0.45 |

* There must be at least three studies to run publication bias. DLM: delamanid; CI: confidence interval

- ✓ The **treatment success rate** in patients **aged ≤40 and >40** in DLM containing regimens was 74.2% and 85.6%, respectively
- ✓ In males and females : 80.7% and 83.6%, respectively
- ✓ In children and adults :89.4% and 78.4%, respectively

Bedaquiline-containing regimens and multidrug-resistant tuberculosis: a systematic review and meta-analysis

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ABSTRACT

Objective:

Multidrug-resistant tuberculosis (MDR-TB) is a life-threatening infectious disease. Treatment requires multiple antimicrobial agents used for extended periods of time. The present study sought to evaluate the treatment success rate of bedaquiline-based regimens in MDR-TB patients.

Methods:

This was a systematic review and meta-analysis of studies published up to March 15, 2021. The pooled treatment success rates and 95% CIs were assessed with the fixed-effect model or the random-effects model. Values of $p < 0.05$ were considered significant for publication bias.

Results:

A total of 2,679 articles were retrieved by database searching. Of those, 29 met the inclusion criteria. Of those, 25 were observational studies (including a total of 3,536 patients) and 4 were experimental studies (including a total of 440 patients). The pooled treatment success rate was 74.7% (95% CI, 69.8-79.0) in the observational studies and 86.1% (95% CI, 76.8-92.1; $p = 0.00$; $I^2 = 75\%$) in the experimental studies. There was no evidence of publication bias ($p > 0.05$).

Conclusions:

In patients with MDR-TB receiving bedaquiline, culture conversion and treatment success rates are high even in cases of extensive resistance.

Bedaquiline-containing regimens and multidrug-resistant tuberculosis: a systematic review and meta-analysis

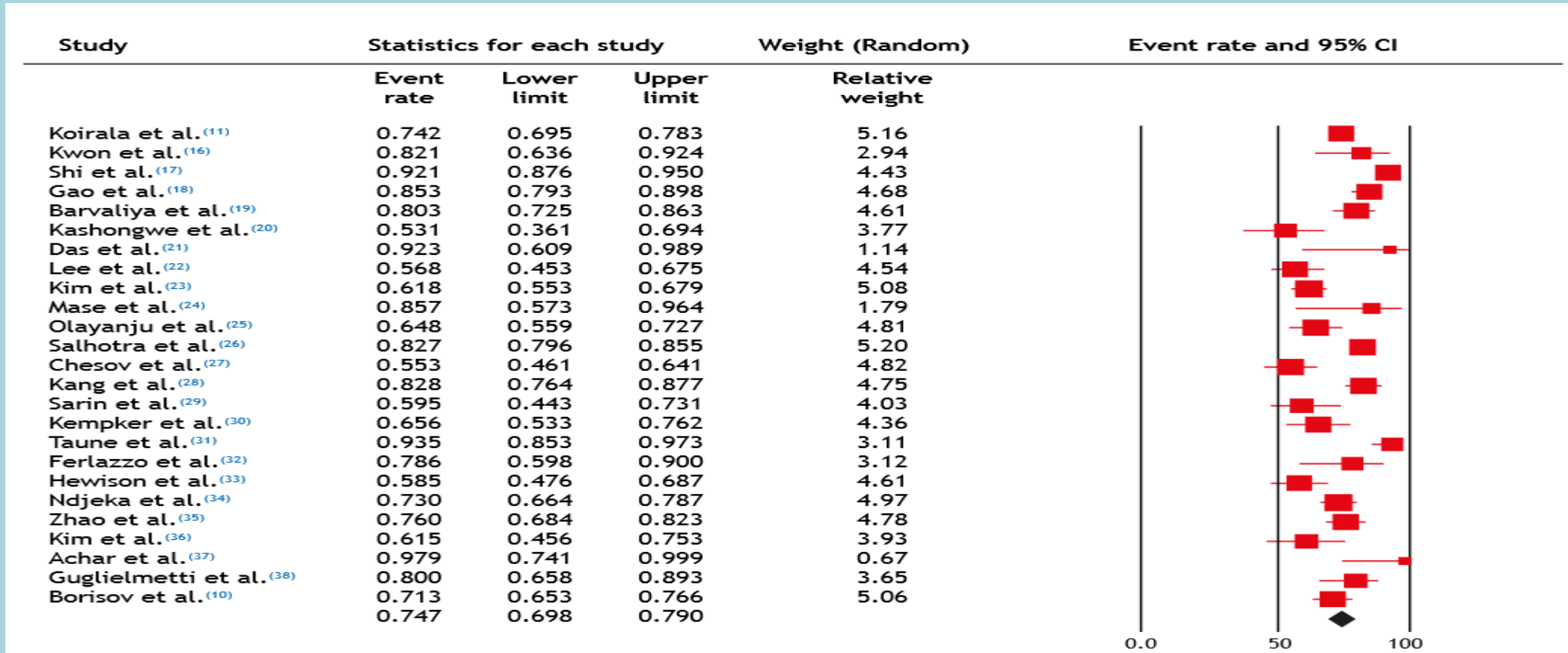
Included studies (n = 29)

Observational studies (n = 25)

Experimental studies (n = 4)

Outcomes in the observational studies

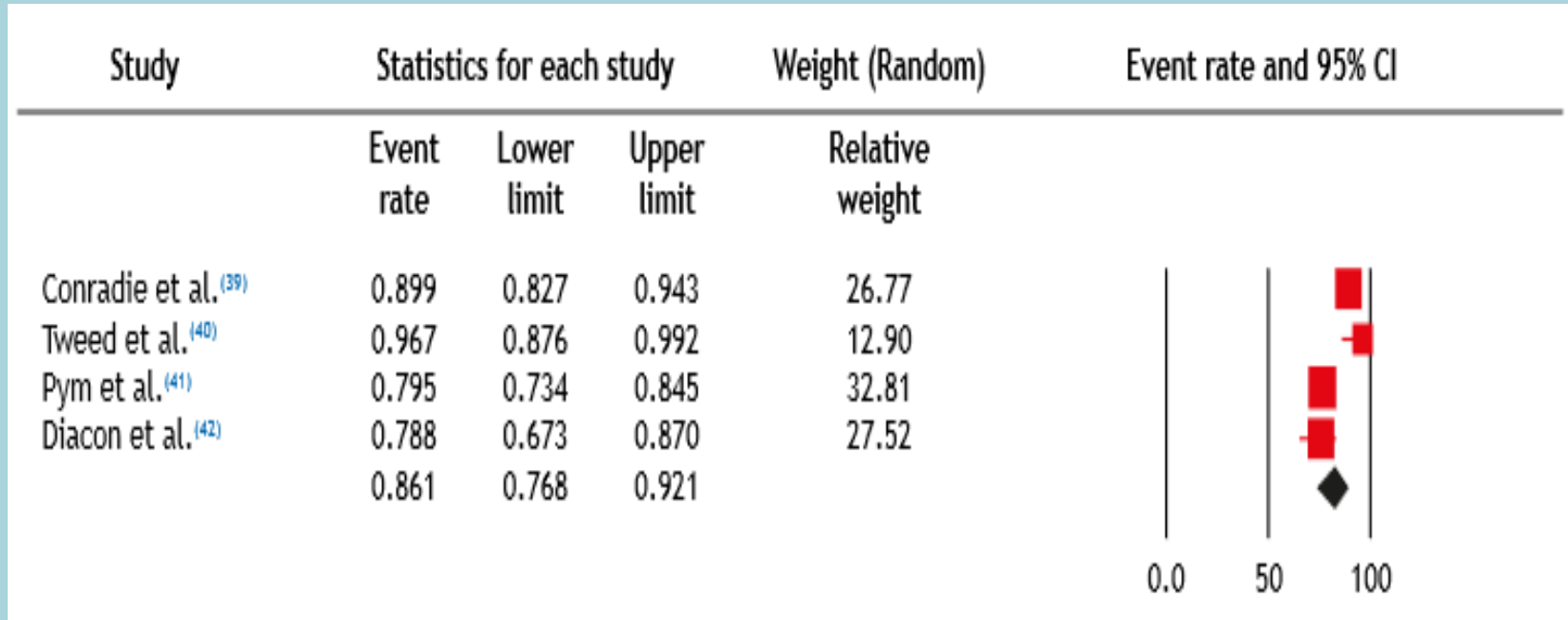
Treatment success rate in the observational studies included in the meta analysis



- ✓ The pooled **treatment success** rate was **74.7%** (95% CI, 69.8-79.0; I² = 86%);
- ✓ The **pooled death** and **treatment failure rates** were **9.0%** (95% CI, 6.8-12.0; I² = 75%) and 5.7% (95% CI, 3.6-8.9; I² = 85%), respectively.

Outcomes in the experimental studies

Treatment success rate in the experimental studies included in the meta-analysis



- ✓ The pooled treatment success rate was 86.1% (95% CI, 76.8-92.1; $p = 0.00$; $I^2 = 75\%$)
- ✓ Mortality rates were reported in 2 studies, and the pooled death rate was 3.6% (95% CI, 0.6-9.2). Only 1 study reported a treatment failure rate, which was 1.8%

Adverse effects

Adverse effects in the studies included in the meta-analysis

| Author | QTc prolongation | Liver disease/ Elevated liver enzyme | Renal failure/ Increased creatinine levels | Optic neuropathy/ Blurred vision | Ototoxicity/ Hearing loss | Hematological disorders (anemia, thrombocytopenia, eosinophilia) | Gastrointestinal symptoms (diarrhea, vomiting, nausea, abdominal pain) | Peripheral neuropathy | Electrolyte disturbance | Arthralgia | Psychiatric disorder | Dermatological symptoms |
|-------------------------------------|--------------------|---|---|-------------------------------------|------------------------------|--|--|-----------------------|-------------------------|-------------------|----------------------|-------------------------|
| Kwon et al. ⁽¹⁴⁾ | 17 | NR | N/R | N/R | N/R | N/R | 1 | N/R | N/R | N/R | N/R | N/R |
| Shi et al. ⁽¹⁷⁾ | 85 | 59 | 21 | 13 | 10 | 24 | 15 | 16 | 5 | 3 | 9 | 2 |
| Gao et al. ⁽¹⁸⁾ | 39 | 35 | 9 | 2 | 6 | 15 | 11 | 8 | 11 | 2 | 6 | N/R |
| Barvaliya et al. ⁽¹⁹⁾ | 11 | 6 | N/R | 5 | 4 | N/R | 33 | 4 | N/R | 9 | 4 | 18 |
| Kashongwe et al. ⁽²⁰⁾ | 3 | 1 | N/R | 2 | 5 | 14 | 15 | 15 | N/R | N/R | N/R | 15 |
| Das et al. ⁽²¹⁾ | 1 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Lee et al. ⁽²²⁾ | 23 | N/R | 1 | N/R | N/R | N/R | 4 | N/R | N/R | N/R | N/R | N/R |
| Kim et al. ⁽²³⁾ | 7 | 28 | N/R | N/R | N/R | N/R | 32 | N/R | N/R | 34 | N/R | 8 |
| Mase et al. ⁽²⁴⁾ | 6 | N/R | N/R | N/R | 2 | 2 | 4 | 7 | 4 | N/R | 3 | 3 |
| Olayanju et al. ⁽²⁵⁾ | 12 | 36 | N/R | 8 | 59 | 43 | 30 | 30 | N/R | 20 | 9 | N/R |
| Salhotra et al. ⁽²⁶⁾ | 14 | 13 | 4 | N/R | 8 | 22 | 35 | 26 | 7 | N/R | 15 | 1 |
| Kempker et al. ⁽²⁸⁾ | 1 | 1 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Taune et al. ⁽²¹⁾ | 1 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Ferlazzo et al. ⁽³²⁾ | 4 | N/R | 1 | N/R | N/R | N/R | 1 | 1 | N/R | N/R | 2 | N/R |
| Hewison et al. ⁽³³⁾ | 12 | 27 | 5 | 1 | 9 | 3 | 34 | 21 | N/R | N/R | N/R | 6 |
| Ndjeka et al. ⁽³⁴⁾ | 10 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Achar et al. ⁽³⁷⁾ | 0 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Guglielmetti et al. ⁽³⁸⁾ | 13 | 17 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Borisov et al. ⁽¹⁰⁾ | 24/248 | N/R | 47/413 | 10/413 | N/R | 86/412 | 130/413 | 96/412 | N/R | 84/412 | 29/413 | 63/412 |
| Conradie et al. ⁽³⁹⁾ | 0 | 17 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Tweed et al. ⁽⁴⁰⁾ | 0 | 4 | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R | N/R |
| Efeito aleatório combinado | 10.4 (6.2-17.0) | 11.7 (6.5-20.0) | 4.6 (2.3-8.9) | 3.8 (2.4-6.1) | 7.8 (2.3-23.0) | 13.6 (7.1-24.7) | 15.3 (7.5-24.1) | 13.8 (9.4-24.0) | 4.7 (1.3-15.2) | 8.1 (4.3-14.6) | 5.1 (3.3-7.9) | 7.5 (3.3-16.0) |
| Heterogeneidade, I ² (%) | 92% | 93% | 85% | 50% | 96% | 94% | 94% | 94% | 89% | 89% | 68% | 91% |
| Teste de Begg, p | 0.46 | 0.21 | 0.13 | 0.54 | 0.90 | 0.71 | 0.90 | 0.72 | 0.65 | 0.00 | 0.82 | 0.22 |

QTc: corrected QT; and N/R: not reported.

Most of the adverse events potentially attributed to bedaquiline-containing regimens were gastrointestinal symptoms (15.3%), peripheral neuropathy (13.8%), and hematological disorders (13.6%)

Subgroup analysis

Pooled treatment success rates for subgroups of studies

| Subgroup | No. of studies | No. of patients | Treatment success rate (%) (95% CI) | Heterogeneity I ² (%) | Begg's test value of p |
|----------------------------|----------------|-----------------|-------------------------------------|----------------------------------|------------------------|
| Treatment regimen: | | | | | |
| Regimen containing BDQ | 22 | 3,287 | 74.5 (67.6-80.3) | 91 | 0.61 |
| Regimen containing BDQ+DLM | 7 | 292 | 73.9 (62.1-83.0) | 72 | 0.03 |
| Type of study: | | | | | |
| Observational study | 25 | 3,536 | 74.7 (69.8-79.0) | 86 | 0.18 |
| Experimental study | 4 | 440 | 86.1 (76.8-92) | 75 | 0.08 |

BDQ: bedaquiline; and DLM: delamanid.

- ✓ The **treatment success rate** in **patients receiving bedaquiline-containing regimens** was **74.5%**
- ✓ For patients **receiving treatment with bedaquiline and delamanid**, the treatment success rate was **73.9%**
- ✓ The **treatment success rates** in the **observational** and **experimental studies** included in the meta-analysis were **74.7%** and **86.1%**, respectively.

Thank you for your attention
